



Competitive Swimming for all ages!

PHILOSOPHY

Every human being has a certain potential in every activity they participate in. Our main focus is to help our athletes to meet their maximum potential as a swimmer. This is achieved through the building of self-confidence, presenting a healthy, competitive environment while emphasizing personal commitment to practices, and fine-tuning stroke technique with the latest drills for specific skills for efficiency and injury prevention. Texas Gold Georgetown will achieve excellence through individualized growth and team unity by providing quality leadership and instruction. We maintain a safe team environment where every swimmer is encouraged to build friendships, work hard and have fun in the process of their development. We provide the motivation and discipline necessary to develop self-esteem, resulting in a winning experience.

Competitions

Texas Gold Georgetown participates in a multi-level competitive program within the South Texas Local Swimming Committee and USA Swimming for local, state, and national competitions. We attempt to provide challenging and success oriented competitive situations for swimmers of all ages and abilities. Competitions are usually held a couple times per month, none of which are required for developmental swimmers. AG Masters participate in regional and national competitions, usually one per month. Meets are encouraged, but not required.

About Our Practices

Aquatics of Georgetown encompasses two teams: **Texas Gold**, youth team, and **AG Masters**, adult team. Our ultimate goal is to promote the longevity of this sport while helping each of our swimmers develop a lifelong passion. This program began with the sole focus of developing swimmers by constantly teaching how to swim *correctly* in order to safely train for all levels of competition. Texas Gold Georgetown joins forces with Texas Gold Wells Branch at meets for a larger, more competitive team.

PRACTICE TEAMS

FUNDamental Team

Introduction to competitive swimming and the development of proper technique. Must be able to complete one lap freestyle unassisted. Ages 10 and under (Sept-April only)

Advanced Team

This team places an emphasis on stroke drills, stroke technique, aerobic swimming and an introduction to interval training. Ages 8-12. (Sept-April only)

Pre-Senior Team

This team has an emphasis on stroke drills, advanced interval training and aerobic swimming geared for more elite swimmers preparing for highly competitive swimming. Ages 10-18.

Senior Team

This team has minimum practice requirements of 5 sessions, or 8 including high school practices. Geared for the elite 12&Up swimmers who are able to commit to the minimum practice requirements.

Masters Team

This team is geared from the beginner adult swimmer with little experience to the advanced adult swimmer, competitive and non-competitive. Ages 18 and up!

FALL PRACTICE SCHEDULE

*Practices begin August 31st **

FUNDamental	Mon-Thurs 4:45-6:00PM @ Rec Center
Advanced Team	Mon-Thurs 6:00-7:30PM @ Rec Center
Pre-Senior Team	Mon-Thurs 5:45-7:30PM @ SU Friday 4:45-6:30PM @ Rec Center Saturday 7:45-10AM @ Village Pool
Senior Team:	Mon/Wed/Fri 5:30-7:15AM @ Rec Friday 4:45-6:30PM @ Rec Center Mon-Thurs 5:45-8:00PM @ SU Saturday 7:45-10AM @ Village Pool
Masters Team:	Mon/Wed/Fri 5:30-7:15AM @ Rec Mon-Thurs 6:45-8:30PM @ Rec Center Friday 4:45-6:30PM @ Rec Center Saturday 7:45-9:30AM @ Village Pool

**final practice schedule will be announced mid-August*

Please see the website for the latest schedule information or call 512-246-7491 for schedule updates

www.SWIMGEORGETOWN.COM
REGISTRATION WILL BE HELD AT THE
VILLAGE POOL 8-10AM AUGUST 22ND.

TEXAS GOLD REGISTRATION FEES

FUNDamental, Advanced, and Pre-Senior Teams are priced each month according to the commitment level swimmers choose each month.

Base Fees (at Maintenance Level):

FUNDamental Team (1.25hr session)	\$50/mo
Advanced Team (1.50hr session)	\$55/mo
Pre-Senior (1.75hr session)	\$60/mo

Commitment Levels:

Maintenance Level any 2 sessions/wk	<i>base fee</i>
Competition Level any 3 sessions/wk	+\$10/mo
Elite Level all evening sessions	+\$20/mo
Senior Team (1.75-2.25hr session)	\$90/mo
USAS Annual Membership	\$65 each
Annual Team Membership	\$50 per family

Concession donations will no longer be required!!

AG MASTERS REGISTRATION FEES

Masters Team Unlimited	\$60/mo
Masters Quarterly Unlimited	\$150/qtr
Masters Punch Card good for 6 sessions	\$45/card
USMS Membership full year Jan-Dec	\$35 pay online
USMS Membership partial year Sept-Dec	\$25 pay online
Annual Team Membership	\$50 per family

Family Discounts Available. \$10 Second swimmer, \$15 each additional swimmer per month.