



**Alamo Area Aquatic
Association**
www.aaaa-sa.org
**George Block Aquatics
Center**



2010 South Texas Short Course Senior Championships
Feb. 19-21, 2010

Meet Referee: Dennis Guill Admin. Ref: Rick Allenstein Meet Director: Terry Vettters

COACHES & SPECTATORS INFORMATION

- Coaches will have packets available at Clerk of Course table; this will include heat sheets and relay cards.
- **HEAT SHEET** sales will be at concession stand.
- **SEATING:** please use bleachers on North side of pool deck shallow end for swimmers; Deep end bleachers are for spectators.
 - Coaches tables will be set up on opposite side.
 - Spectators **MUST** allow a walkway around the pool at ALL times.
 - Spectators with own chairs – must keep walkway clear at all times; do not sit in front of any exit doors & storage rooms per fire marshal requirements.
- **PRELIMS:** competition each day:
 - Distance events will be swum in 2 pools**
 - Friday 500 free – Girls Shallow, Boys deep
 - Saturday 400 IM – Girls Shallow, Boys deep
 - Sunday 1650 – Boys Shallow, Girls deep
 - Deep end is competition course for all other events
 - Shallow end is for continues warm-up/down for all events outside of distance events noted above. Middle 2 lanes will be available for warm down for distance events
 - TIME TRIALS Saturday ONLY: 30 minutes after prelims**
- **FINALS:** each night will be swum in the deep end pool.
- **During the meet:**
 - Use of starting blocks NOT allowed at any time unless coach supervises.
 - Feet first entry only at all times
 - Lifeguards will supervise warm down lanes; swimmers must adhere to their instructions.
 - Lobby area is closed to athletes; everyone enters and leaves locker rooms through doors on pool deck.
 - Hospitality room for officials in the lobby area;
NO swimmers allowed.
 - NO shaving allowed in the building at all times; if found shaving, swimmer **WILL** be disqualified from remainder of the meet.
 - During meet, top 16 swimmers will be announced; swimmer will have 30 minutes to declare decision to scratch from the finals, at the Clerk of Course for that swimmer's side of the pool.
- **LATE ENTRIES:** due by 8:00am each day, at Clerk of Course.
 - Only to fill empty lanes; new heats will not be added.
 - \$12.00 per individual event & \$24.00 per relay entry.
 - Check made payable to - NISD AQUATICS
 - Must have hard copy of the proof of time before a deck entry will be accepted.

-If not entered in an individual event, MUST have USA Swimming reg. card.

- TIME TRIALS: Saturday only; \$6.00 per individual event & \$12.00 per relay event.
 - Check made payable to - NISD AQUATICS
 - Entry deadline is 10:00am Saturday at Clerk of Course.
 - Swimmer MUST already be entered in this meet in order to enter a time trial.
 - NO event longer than 200 yards will be allowed.
 - Time trials will beginning approx. 30 minutes after conclusion of competition in deep end

*** PLEASE NOTE: NO signs or banners may be placed on the walls and windows anywhere in the Aquatics Center.

Warm-up assignments for all three days:

7:00 – 7:35 am / **7:35 – 8:10 am:**

Shallow end

lane 1 =	TMI & Judson – AAAA	/	Gold
lane 2 =	SAN & JCC – AAAA	/	Gold/Longhorn
lane 3 =	410 – AAAA	/	Longhorn
lane 4 =	410 – AAAA	/	Lost Creek
lane 5 =	1604 – AAAA	/	Lost Creek
lane 6 =	1604 – AAAA	/	Coastal
lane 7 =	1604 – AAAA	/	PFST/BEAT
lane 8 =	1604 – AAAA	/	Streamline/Kerrville

7:00 – 7:35 am / **7:35 – 8:10 am:**

Deep end

lane 1 =	NEAT – AAAA	/	Cedar Park/Temple
lane 2 =	NEAT – AAAA	/	McAllen/COTA
lane 3 =	NEAT – AAAA	/	AMSC/AQTX/CLUB
lane 4 =	NEAT – AAAA	/	MM/SB/CCAA/HEAT
lane 5 =	NITRO	/	BSA/FHD/HOT
lane 6 =	NITRO	/	LSAC/Hays
lane 7 =	Wave	/	All Unattached
lane 8 =	WFLY	/	Open

*UNAT = 2nd warm-up – share lanes with other teams if not affiliated with a team.

* Coaches' meeting with meet referee at 8:20 am on **Friday only.**

Check-ins for the 400 IM, 500 Free and 1650 free not later than 10 am on the day of the event.